

Tergar China 中國德噶

電郵: tergarthai@gmail.com

Tergar Hong Kong 香港德噶

Address地址: 01,1/F, Wellborne Commercial Centre, 8 Java Road, North Point, Hong Kong

Phone電話: +852 2566-1699

Facebook臉書: <https://www.facebook.com/tergarhongkong>

Tergar Indonesia

Tergar Meditation Centre Perumahan Green Mansion, Jl.Boulevard Raya 47 No.35 Daan Mogot Raya KM.10 Jakarta Barat 11710, Indonesia Tlp.021 2902 5314

Facebook: <https://www.facebook.com/TergarIndonesia>

Tergar Korea

Phone: 82-10-77235505

오픈채팅방 링크: <http://bit.ly/tergarkorea>

텔가밴드가입: <http://bit.ly/텔가밴드>

Tergar Malaysia

Phone: +60 12-200 2804

Email: tergar.my@gmail.com

Web: <https://www.tergarasia.org/malaysia/>

Facebook: <https://www.facebook.com/tergarmalaysia>

Tergar Singapore

Phone: +65 83091519

Email: tergarsg@gmail.com

Facebook: <https://www.facebook.com/tergar.singapore>

Tergar Taiwan

Address: 3F, No.2-1, Ln. 8, Chengtian Rd., Tucheng Dist., New Taipei City 236, Taiwan (R.O.C.)

Phone: +886 2 22695749

Web: <https://www.tergar.org.tw>

Facebook: <https://www.facebook.com/tergartaiwan/>

Tergar Thailand

Line : TergarThai

Web : <https://www.facebook.com/tergar.thai>

Email: tergarthai@gmail.com

Vietnamese Study Group

Email: studygroupMR.vn@gmail.com